

# **Aura Reading for Balance and Healing**

**With Deepa Lele, LMT, MPH**



Have you ever wished to be able to separate yourself from the energy of others? In this class, we will practice a grounding technique and reading auric energy layers according to Polarity, to feel more authentically ourselves and allow others to be their selves without the feeling of “bumping” into them.

\*Time permitting, Deepa will read participants in the class, as well.

**Saturday, June 13<sup>th</sup>2026**

**10:AM-12:00PM**

**Offering: \$20**

**Vita Perceptions, The Blend Wellness Center**

**1201 International Parkway, Suite 500, Richardson, Texas 75081**